

**AGE-SPECIFIC ADL / IADL ANSWER CHOICES
FOR CHILDREN'S LONG-TERM SUPPORT PROGRAMS
AGE: 18 Years and Up**

ACTIVITIES OF DAILY LIVING (ADL)

Bathing

- Needs adaptive equipment.
- Is combative during bathing (e.g., flails, takes two caregivers to accomplish task).
- Needs physical help with bathing tasks.
- Needs help getting in and out of bathtub or shower.
- Needs step-by-step cueing to complete the task.
- Lacks an understanding of risk and must be supervised for safety.
- Exhibits non-compliant behavior that is extreme to point that child does not perform bathing tasks for at least 5 or more consecutive days.
- None of the above apply.

Is at least one of the bathing functional impairments expected to last for at least one year from the date of screening?

- Yes
- No

Grooming (brushing teeth, washing hands and face)

- Is combative during grooming (e.g., flails, clamps mouth shut, takes two caregivers to accomplish task).
- Needs physical help with grooming tasks.
- Needs step-by-step cueing to complete grooming tasks.
- Exhibits non-compliant behavior that is extreme to the point that child does not brush their teeth for at least 5 or more consecutive days.
- None of the above apply.

Is at least one of the grooming (brushing teeth, washing hands and face) functional impairments expected to last for at least one year from the date of screening?

- Yes
- No

Dressing

- Needs physical assistance with getting clothing on. This does not include fasteners such as buttons, zippers, and snaps.
- None of the above apply.

Is at least one of the dressing functional impairments expected to last for at least one year from the date of screening?

- Yes
- No

Eating

- Needs help with tube feedings or TPN.
- Needs to be fed.
- Needs one-on-one monitoring to prevent choking, aspiration, or other serious complications.
- None of the above apply.

Is at least one of the eating functional impairments expected to last for at least one year from the date of screening?

- Yes
- No

Toileting

- Incontinent of bowel and/or bladder.
- Needs physical help, step-by-step cues, or a toileting schedule.
- None of the above apply.

Is at least one of the toileting functional impairments expected to last for at least one year from the date of screening?

- Yes
 - No
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Mobility

- Does not walk or needs physical help to walk.
- Uses a wheelchair or other mobility device not including a single cane.
- None of the above apply.

Is at least one of the mobility functional impairments expected to last for at least one year from the date of screening?

- Yes
 - No
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Transfers (does not include bathtub or shower)

- Needs physical help with transfers.
- Uses a mechanical lift.
- None of the above apply.

Is at least one of the transfers (not including bathtub or shower) functional impairments expected to last for at least one year from the date of screening?

- Yes
 - No
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NOTES

INSTRUMENTAL ACTIVITIES OF DAILY LIVING (IADL)

Communication

- A norm referenced assessment in receptive language within the last three (3) years. (A substantial functional impairment is defined by results that indicate a delay of 30% or greater or 2 Standard Deviations (SD) below the mean.)

Date of Assessment: _____ (mm/yyyy)

Assessment Tool: _____
(See list of "Norm-Referenced Assessment Tools for Communication and Learning")

- Assessment Result:
- Within normal limits
 - Less than 30% delay
 - Greater than or equal to 30% delay
 - Less than 2 Standard Deviations (SD) below the norm
 - Greater than or equal to 2 Standard Deviations (SD) below the norm

- A norm referenced assessment in expressive language within the last three (3) years. (A substantial functional impairment is defined by results that indicate a delay of 30% or greater or 2 Standard Deviations (SD) below the mean.)

Date of Assessment: _____ (mm/yyyy)

Assessment Tool: _____
(See list of "Norm-Referenced Assessment Tools for Communication and Learning")

- Assessment Result:
- Within normal limits
 - Less than 30% delay
 - Greater than or equal to 30% delay
 - Less than 2 Standard Deviations (SD) below the norm
 - Greater than or equal to 2 Standard Deviations (SD) below the norm

- Does not follow 3-step instructions that are related and are not routine.
- Does not follow 2 single step instructions given at the same time that are unrelated and are not routine.
- Does not use language to share information other than basic needs or wants.
- Is not understood by strangers.
- None of the above apply.

Is at least one of the communication functional impairments expected to last for at least one year from the date of screening?

- Yes
- No

Learning

- Has a valid full scale IQ (A substantial functional impairment is defined by a full scale IQ score of 75 or less.)

IQ Test: _____ Score: _____

- A norm referenced assessment in cognition within the last three (3) years. (A substantial functional impairment is defined by results that indicate a delay of 30% or greater or 2 Standard Deviations (SD) below the mean.)

Date of Assessment: _____ (mm/yyyy)

Assessment Tool: _____
(See list of "Norm-Referenced Assessment Tools for Communication and Learning")

- Assessment Result:
- Within normal limits
 - Less than 30% delay
 - Greater than or equal to 30% delay
 - Less than 2 Standard Deviations (SD) below the norm
 - Greater than or equal to 2 Standard Deviations (SD) below the norm

- Is three or more grade levels behind in two academic subjects.
- Requires supervision due to inability to problem solve routine issues.
- Does not use time to follow a schedule.
- None of the above apply.

Is at least one of the learning functional impairments expected to last for at least one year from the date of screening?

- Yes
- No

Meal Preparation

- Needs help making simple meals for self.
- None of the above apply.

Is at least one of the meal preparation functional impairments expected to last for at least one year from the date of screening?

- Yes
 - No
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Money Management

- Needs help with managing money.
- None of the above apply.

Is at least one of the money management functional impairments expected to last for at least one year from the date of screening?

- Yes
 - No
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Social Competency

- Does not show respect for other people.
Does not get along with a variety of people, use pro-social manners, or show gratitude towards others.
- Does not demonstrate the capacity for intimacy with another.
Has not established close relationships that are open, honest, caring and trusting.
- Does not avoid situations that may get him / her into trouble.
Makes unhealthy and unsafe decisions concerning drinking alcohol, using drugs, safe driving, safer sex, use of the internet, and other comparable situations.
- None of the above apply.

Is at least one of the social competency functional impairments expected to last for at least one year from the date of screening?

- Yes
- No